



## Oat & Coconut Biscuits – Fat Replacement

### Original Recipe

Ingredient	grams	kcal/100g	kcal
Oat flour	450	369	1 661
Wheat flour	350	348	1 218
Margarine 80%	800	709	5 672
Sugar	650	405	2 633
Almond Paste	500	460	2 300
Coconut Flakes	600	643	3 858
Skimmed Milk Powder 1%	260	365	949
Baking Powder	20	0	0
	<b>3 630</b>		<b>18 291</b>

504/100g

### With Fibrex 575

Ingredient	grams	kcal/100g	kcal	DF* %	DF* g
Oat flour	450	369	1 661	10	45
Wheat flour	350	348	1 218	3.1	10.85
Margarine	320	709	2 269	0	0
Sugar	400	405	1 620	0	0
Almond Paste	400	460	1 840	0	0
Coconut Flakes	400	643	2 572	23.5	94
Water	450	0	0	0	0
Skimmed Milk Powder	260	365	949	0	0
Fibrex 575	150	60	90	67	100.5
Baking Powder	30	0	0	0	0
	<b>3 210</b>		<b>12 219</b>		<b>250.35</b>

\*Dietary fibre

380/100g

7.5/100g

### Result:

Fat Reduction	≈ 60 %
Fibre Enrichment	≈ 3.5 %
Dietary Fibre Content	≈ 7.5 %